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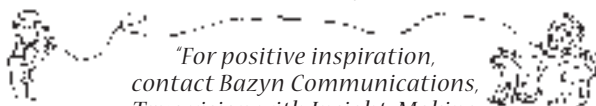


Several life changing events have taught Ardis Bazyn patience, courage, and the importance of a positive attitude. Blinded in a car accident at the age of 20, she was required to learn a new career. After 15 years of marriage, her husband suffered from several strokes leaving him with dementia. She returned to college and received two BA degrees and a Master's in Arts in Teaching while caring for her husband, raising two preteens, and managing her own food service business full-time. After changing careers again and starting Bazyn Communications, she suffered a mild heart attack. Despite this setback, she has completed her fifth book.

Ardis shares her most requested keynote "**Secrets to Coping With Challenges and Change**" by telling her personal story. She views challenges or obstacles as opportunities rather than tragedies. She demonstrates through personal stories that humor can keep your focus positive.

**Ardis teaches learning strategies** to deal with necessary changes in your life/job, such as developing visualization and imagination techniques. Her experiences have truly given her a spirit for mentoring others. Her positive zest for life is displayed in her inspirational presentations.

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**Successful people have  
a positive attitude**  
even when undergoing obstacles  
in life. Most people can learn  
coping strategies that will  
help them succeed.



Ardis Bazyn brings you practical and inspiring presentations.

### Seminar topics include:

- "Secrets to Coping with Challenges and Overcoming Change: Challenge or Opportunity"
- "Creating a Positive Attitude to Destroy Obstacles in Your Path."
- "How to Create A Plan for Personal and Professional Success."
- "Strategies that will Turn Your Clients/Members into Raving Fans."
- "Master Time Management in Five Easy Steps"
- "How to Fight Stress and Win"

### Consulting topics:

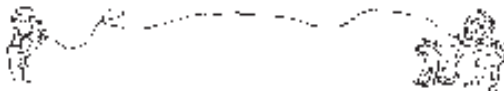
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Ardis Bazyn is a motivational speaker with extensive experience in public relations, speech communications and creative informational writing. She has a Master's Degree in Arts in Teaching, a BA in Speech Communications and a second BA in Public Relations. She has published books and manuals. She uses life experiences including vision loss in her seminars.